

Mental Health support via text will be available through NorthStar EAP starting September 2021! Meet Tess!

Texting is one of the easiest ways for us all to communicate. We are encouraged to see so many employees use EAP services, but we want to also connect with those who do not. This text service, called Tess, will provide employees and their families recommendations that align with expert information and support their mental health and wellness improvement journey.

What do we need from you?

A cell phone number. Tess, will reach out to you periodically to check in and ask if you need help or would like to 'talk'. If you are interested in signing up, please email Michelle at mschroeder@marquettemi.gov your cell phone number by Friday, August 13th to be added to the contact list. Employees will be able to opt out at any point.

